Celeb fitness guru Jorge Cruise shares his rad new (and sustainable) diet.  


Local models and photographers explore the male nude form.  

And more...
Genvoya™
elvitegravir 150mg/cobicistat 150mg/emtricitabine 200mg/tenofovir alafenamide 10mg tablets

New Genvoya®
is now available
One pill contains elvitegravir, cobicistat, emtricitabine, and tenofovir alafenamide (TAF).

Ask your healthcare provider if GENVOYA is right for you.

To learn more visit GENVOYA.com

Please see Brief Summary of Patient Information with important warnings on the following pages.
**Brief Summary of Patient Information about GENVOYA**

**GENVOYA** (jen-VOY-uh)
(evlitegravir, cobicistat, emtricitabine, and tenofovir alafenamide) tablets

**Important: Ask your healthcare provider or pharmacist about medicines that should not be taken with GENVOYA.**

There may be new information about GENVOYA. This information is only a summary and does not take the place of talking with your healthcare provider about your medical condition or treatment.

**What is the most important information I should know about GENVOYA?**

**GENVOYA** can cause serious side effects, including:

- **Build-up of lactic acid in your blood (lactic acidosis).**
  Lactic acidosis may happen in some people who take GENVOYA. Lactic acidosis is a serious medical emergency that can lead to death. Lactic acidosis can be hard to identify early, because the symptoms could seem like symptoms of other health problems. Call your healthcare provider right away if you get any of the following symptoms, which could be signs of lactic acidosis:
  - feel very weak or tired
  - have unusual (not normal) muscle pain
  - have trouble breathing
  - have stomach pain with nausea or vomiting
  - feel cold, especially in your arms and legs
  - feel dizzy or light-headed
  - have a fast or irregular heartbeat

- **Severe liver problems.** Severe liver problems may happen in people who take GENVOYA. In some cases, these liver problems can lead to death. Your liver may become large and you may develop fat in your liver.

Call your healthcare provider right away if you get any of the following symptoms of liver problems:

- your skin or the white part of your eyes turns yellow (jaundice)
- dark “tea-colored” urine
- light-colored bowel movements (stools)
- loss of appetite for several days or longer
- nausea
- stomach pain

You may be more likely to get lactic acidosis or severe liver problems if you are female, very overweight (obese), or have been taking GENVOYA for a long time.

**Worsening of Hepatitis B infection.** GENVOYA is not for use to treat chronic hepatitis B virus (HBV). If you have HBV infection and take GENVOYA, your HBV may get worse (flare-up) if you stop taking GENVOYA. A “flare-up” is when your HBV infection suddenly returns in a worse way than before.

- Do not run out of GENVOYA. Refill your prescription or talk to your healthcare provider before your GENVOYA is all gone.
- Do not stop taking GENVOYA without first talking to your healthcare provider.
- If you stop taking GENVOYA, your healthcare provider will need to check your health often and do blood tests regularly for several months to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking GENVOYA.

**What is GENVOYA?**

**GENVOYA** is a prescription medicine that is used without other HIV-1 medicines to treat HIV-1 in people 12 years of age and older:

- who have not received HIV-1 medicines in the past or
- to replace their current HIV-1 medicines in people who have been on the same HIV-1 medicines for at least 6 months, have an amount of HIV-1 in their blood (“viral load”) that is less than 50 copies/mL, and have never failed past HIV-1 treatment

HIV-1 is the virus that causes AIDS.

GENVOYA contains the prescription medicines elvitegravir (VITEKTA®), cobicistat (TYBOST®), emtricitabine (EMTRIVA®) and tenofovir alafenamide.

It is not known if GENVOYA is safe and effective in children under 12 years of age.

**When used to treat HIV-1 infection, GENVOYA may:**

- Reduce the amount of HIV-1 in your blood.
  This is called “viral load.”
- Increase the number of CD4+ (T) cells in your blood that help fight off other infections.
- Reduce the amount of HIV-1 and increasing the CD4+ (T) cells in your blood may help improve your immune system. This may reduce your risk of death or getting infections that can happen when your immune system is weak (opportunistic infections).

**GENVOYA does not cure HIV-1 infection or AIDS.** You must stay on continuous HIV-1 therapy to control HIV-1 infection and decrease HIV-related illnesses.

**Avoid doing things that can spread HIV-1 infection to others:**

- Do not share or re-use needles or other injection equipment.
- Do not share personal items that can have blood or body fluids on them, like toothbrushes and razor blades.
- Do not have any kind of sex without protection. Always practice safer sex by using a latex or polyurethane condom to lower the chance of sexual contact with semen, vaginal secretions, or blood.

Ask your healthcare provider if you have any questions about how to prevent passing HIV-1 to other people.

**Who should not take GENVOYA?**

Do not take GENVOYA if you also take a medicine that contains:

- alfuzosin hydrochloride (Urozat®)
- carbamazepine (Carbatrol®, Epitol®, Equetrol®, Tegretol®, Tegretol-XR®, Tegretol®)
- cipracloride (Propulsid®, Propulsid Quickso®)
- ergot-containing medicines, including: dihydroergotamine mesylate (D.H.E. 45®, Migranal®), ergotamine tartrate (Cafergot®, Migrergot®, Ergostat®, Medihaler Ergotamine®, Wigraine®, Wigrettes®), and methylergogonovine maleate (Ergotrate®, Methergine®)
- lovastatin (Adicar®, Allopvin®, Mevacor®)
- midazolam, when taken by mouth
- phenobarbital (Luminal®)
- phenytoin (Dilantin®, Phenytoin®)
- pimozide (Orap®)
- rifampin (Rifadin®, Rifamate®, Rifater®, Rimactane®)
- sildenafil (Revatio®), when used for treating lung problems
- simvastatin (Simcor®, Vytorin®, Zocor®)
- triazolam (Halcion®)
- the herb St. John’s wort or a product that contains St. John’s wort
**What should I tell my healthcare provider before taking GENVOYA?**

Before taking GENVOYA, tell your healthcare provider if you:

- have liver problems including hepatitis B infection
- have kidney or bone problems
- have any other medical conditions
- are pregnant or plan to become pregnant. It is not known if GENVOYA can harm your unborn baby. Tell your healthcare provider if you become pregnant while taking GENVOYA.

**Pregnancy registry:** there is a pregnancy registry for women who take HIV-1 medicines during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk with your healthcare provider about how you can take part in this registry.

- are breastfeeding or plan to breastfeed. Do not breastfeed if you take GENVOYA.
  - You should not breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.
  - At least one of the medicines in GENVOYA can pass to your baby in your breast milk. It is not known if the other medicines in GENVOYA can pass into your breast milk.
  - Talk with your healthcare provider about the best way to feed your baby.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Other medicines may affect how GENVOYA works.

Some medicines may interact with GENVOYA. Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.

- You can ask your healthcare provider or pharmacist for a list of medicines that interact with GENVOYA.
- Do not start a new medicine without telling your healthcare provider. Your healthcare provider can tell you if it is safe to take GENVOYA with other medicines.

**How should I take GENVOYA?**

- Take GENVOYA exactly as your healthcare provider tells you to take it. GENVOYA is taken by itself (not with other HIV-1 medicines) to treat HIV-1 infection.
- GENVOYA is usually taken 1 time each day.
- Take GENVOYA with food.
- If you need to take a medicine for indigestion (antacid) that contains aluminum and magnesium hydroxide or calcium carbonate during treatment with GENVOYA, take it at least 2 hours before or after you take GENVOYA.
- Do not change your dose or stop taking GENVOYA without first talking with your healthcare provider. Stay under a healthcare provider’s care when taking GENVOYA.
- Do not miss a dose of GENVOYA.
- If you take too much GENVOYA, call your healthcare provider or go to the nearest hospital emergency room right away.
- When your GENVOYA supply starts to run low, get more from your healthcare provider or pharmacy. This is very important because the amount of virus in your blood may increase if the medicine is stopped for even a short time. The virus may develop resistance to GENVOYA and become harder to treat.

**What are the possible side effects of GENVOYA?**

GENVOYA may cause serious side effects, including:

- See “What is the most important information I should know about GENVOYA?”

- Changes in body fat can happen in people who take HIV-1 medicine. These changes may include increased amount of fat in the upper back and neck ("buffalo hump"), breast, and around the middle of your body (trunk). Loss of fat from the legs, arms and face may also happen. The exact cause and long-term health effects of these conditions are not known.

- Changes in your immune system (Immune Reconstitution Syndrome) can happen when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider right away if you start having any new symptoms after starting your HIV-1 medicine.

- New or worse kidney problems, including kidney failure. Your healthcare provider should do blood and urine tests to check your kidneys before you start and while you are taking GENVOYA. Your healthcare provider may tell you to stop taking GENVOYA if you develop new or worse kidney problems.

- Bone problems can happen in people who take GENVOYA. Bone problems may include bone pain, softening or thinning (which may lead to fractures). Your healthcare provider may need to do tests to check your bones.

The most common side effect of GENVOYA is nausea.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

- These are not all the possible side effects of GENVOYA. For more information, ask your healthcare provider or pharmacist.
- Call your doctor for medical advice about side effects.
- You may report side effects to FDA at 1-800-FDA-1088.

**General information about the safe and effective use of GENVOYA.**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use GENVOYA for a condition for which it was not prescribed. Do not give GENVOYA to other people, even if they have the same symptoms you have. It may harm them.

This Brief Summary summarizes the most important information about GENVOYA. If you would like more information, talk with your healthcare provider. You can ask your healthcare provider or pharmacist for information about GENVOYA that is written for health professionals.

For more information, call 1-800-445-3235 or go to www.GenvoYa.com.

Keep GENVOYA and all medicines out of reach of children.

Issued: November 2015

EMTIRIVA, GENVOYA, the GENVOYA Logo, GILEAD, the GILEAD Logo, GSI, TYBOST, and VITEKTA are trademarks of Gilead Sciences, Inc., or its related companies. All other marks referenced herein are the property of their respective owners.

© 2015 Gilead Sciences, Inc. All rights reserved. GENC0002 11/15
NEW 2016 EDITION

- Complete Guide to visiting DFW - Plan your Dream Date!
- Dynamic Relocation Guide.
- Comprehensive Business Directory of people who want to do business with you.

On Newsstands Now!
13 headlines

- Texas News
  12 Resource Center update
  13 Trans Pride Initiative reorganizes
  14 Changes in the gayborhood
  15 Kroger execs float expansion plans

- Life+Style
  18 Get in shape with Courtney Paul
  20 Jorge Cruise on the healthy diet
  22 The local male nude in photography

- On the Cover
  Photo provided by Jorge Cruise.
  Design by Kevin Thomas.

18 departments

- The Gay Agenda
- News
- Community Voices
- Life+Style

- Calendar
- Cassie Nova
- Scene
- Classifieds

dallasvoice.com
The Premier Media Source for LGBT Texas

6 PHYSICIANS ER OAK LAWN

Open 24/7
Your Emergency Room Close to Home
3607 Oak Lawn Ave (Between Holland & Lemmon Ave)
214.217.1818
PhysiciansER.net/OakLawn

Surplus! Overstocked!
Cabinets, Doors, Floors, Trim, Sinks, Tubs, Faucets, Windows and Much More!

Save 40% - 60%
Homeowners, remodelers and contractors, save money on your next project.

Builder's Surplus
BuildersSurplusTexas.com
2610 W. Miller Road • Garland • 972-926-0100
5832 E. Beltway • Haltom City • 817-831-3600

Kevin B. Terrell, DDS, PC
General & Cosmetic Dentistry
2603 Oak Lawn • Suite 100 • Located in DeNovo
We accept most dental PPO's and claims are filed for you
Call for an appointment today!
214.329.1818 • terrelldental.com

BOYD

general & cosmetic dentistry
CAROLE ANN BOYD DDS
4514 COLE AVE, STE 905
DALLAS, TX 75205
214-521-6261 • DRBOYD.NET

The 2015 Audi Q5
Audi Truth in Engineering

The 220 Horse Power Intercooled Turbo Engine
8-Speed Automatic Trans with Overdrive
4-wheel Anti-lock Brakes (ABS)
18” Aluminum Wheels - Driveline Traction Control
Quattro All-wheel Drive and MORE...

Our Community Representatives: Don Lambrecht
Call for a test drive today and experience the power of Quattro • 214.561.1800

Audi Dallas
5033 Lemmon Ave. | In the heart of our community | audidallas.com
Alabama Chief Justice halts same-sex marriage in his state

Alabama Chief Justice Roy Moore said Wednesday, Jan. 6, that “Alabama probate judges have a ministerial duty not to issue any marriage license contrary to the Alabama Sanctity of Marriage Amendment or the Alabama Marriage Protection Act.” He said that a ruling against same-sex marriage a year ago was still in effect.

Marriage licenses in Alabama are issued by probate judges.

On June 26, the U.S. Supreme Court ruled that banning same-sex marriage was unconstitutional. Moore said that ruling only struck down marriage laws in the Eighth Circuit — Michigan, Ohio, Kentucky and Tennessee.

Moore ruled that no marriage licenses may be issued to same-sex couples until a further ruling by the Alabama Supreme Court.

The Southern Poverty Law Center called Moore’s statement a “dead letter” and said probate judges that refuse to issue licenses to same-sex couples could be held in contempt of court.

— David Taffet

OKC passes LGBT housing protection

The Oklahoma City Council passed LGBT housing protections on Monday, Jan. 4 on a 5-4 vote according to Oklahoma Rep. Emily Virgin, whose district includes Oklahoma City.

“Great news! Congratulations, @FreedomOkla-homa and many more who worked very hard on this,” Virgin tweeted.

Six people spoke in favor of the ordinance and none opposed.

The city of Norman, south of Oklahoma City, passed the state’s first nondiscrimination ordinance two weeks ago.

— David Taffet

Former CoH pastor’s husband has cancer

The Rev. Michael Piazza announced that his husband, Bill Eure, has stage four cancer in the wall of his abdomen.

In his announcement, Piazza said his husband is otherwise in perfect health and feels fine, so the diagnosis over the holidays came as a surprise. Piazza was senior pastor of Cathedral of Hope in Dallas for 22 years. He moved to Atlanta in 2011 to become senior pastor at Virginia Highland Church.

We send Bill and Michael our love and good wishes for a full recovery.

— David Taffet

Last day at Black-eyed Pea

The original Black-eyed Pea on Cedar Springs Road closed on Saturday, Jan. 2. Property owner Gene Street, who created the restaurant in the 1970s and sold it about 10 years later, retained ownership of the property and is creating a new restaurant there.

Dallas Voice photographer Chuck Marcello went to Black-eyed Pea on its last day of operation and took several photos, including the one below of the restaurant’s three longest serving employees: Jose and Frank, who worked at Black-eyed Pea for 25 years, and Arthur, with 30 years’ experience.

— David Taffet
You can win $500 cash, dinner for two and a pair of tickets to Blue Man Group at Bass Hall.
Have an event coming up? Email your information to staff writer James Russell at russelldallasvoice.com by Thursday at 10 a.m. for that week’s issue.

JANUARY

• Weekly: Lambda Weekly every Sunday at 1 p.m. on 89.3 KNON-FM. Guest for this week is author Willy Wilkinson; United Black Ellument hosts discussion on HIV/AIDS in the black community at 7 p.m. every second Tuesday of the month at 3116 Commerce St., Suite C; Fuse game night every Monday evening but the last of the month at 8 p.m. at the Fuse space in the Traymore building, 4638 Lemmon Avenue, Ste. 101; Fuse Connect every Wednesday from 7 p.m. at the Fuse Space. For more information call or e-mail Grayson Gosnell at 214-540-4435 or ggosnell@myresourcecenter.org.

• Jan. 8: High Tech Happy Hour Texas Instruments Pride, the LGBT and ally diversity group, hosts its monthly High Tech Happy Hour to increase professional and social contacts between groups and individuals and to foster community. 5:30-7:30 p.m. at Sushi Zushi, West Village, 3636 McKinney Ave., Ste. 150. For more information e-mail Paul von Wupperfeld at pavw@ti.com.

• Jan. 9: Stonewall Democrats of Dallas LGBT Democratic group hosts screening and interviews for candidates in upcoming Democratic primaries from 9 a.m.-5 p.m. at Sue Ellen’s Vixen Lounge, 3014 Throckmorton. Registration is not necessary; participants should bring a notebook, a pen or pencil and $20 for textbook. For information is available in Spanish at the ESL Citizenship Hotline at 214-340-9707.

• Jan. 9: Dallas Bears Membership Meeting Noon at Westdale Asset Management, 10000 North Central Expressway. For more information or a new member application visit Dallasbears.org.

• Jan. 9: ESL Citizenship Series A new series of ESL citizenship classes begins at the Bachman Lake Branch of the Dallas Public Library, 9480 Webb Chapel Rd. These free classes are offered by DFW International Community Alliance and the

Hate your job? There’s a support group for that. It’s called everybody, and they meet at the bar

214-377-7446
4123 Cedar Springs Rd. • Dallas, TX
facebook.com/cedarspringstaphouse.com

5303 KNIGHT RD
AT KNIGHT & LEMMON

Natural dog food doesn't have to be expensive.

33# BAG ONLY
$29.96

Pet of the week / BERTIE

Bertie is a Bernese mountain dog mix that, at about 3 months old, weighs 22 pounds. She will be a big girl, and also a super-smart girl who knows how to sit, stay, come and go potty. Bernese mountain dogs are an easy-going and steady-tempered breed who crave companionship and are very protective of and loyal to their families.

Other pets are available for adoption from Operation Kindness, 3201 Earhart Drive, Carrollton. The no-kill shelter is open six days: Monday, 3-8 p.m.; closed Tuesday; Wednesday, 3-8 p.m.; Thursday, noon-8 p.m., Friday, noon-5 p.m.; Saturday, 11 a.m.-5 p.m., and Sunday, noon-5 p.m. The cost is $110 for cats, $135 for kittens, $150 for dogs over 1 year, and $175 for puppies. The cost includes the spay/neuter surgery, microchipping, vaccinations, heartworm test for dogs, leukemia and FIV test for cats, and more. Those who adopt two pets at the same time receive a 25% discount.

Hate your job? There’s a support group for that. It’s called everybody, and they meet at the bar

214-377-7446
4123 Cedar Springs Rd. • Dallas, TX
facebook.com/cedarspringstaphouse.com

5303 KNIGHT RD
AT KNIGHT & LEMMON

Natural dog food doesn't have to be expensive.

33# BAG ONLY
$29.96

Pet of the week / BERTIE

Bertie is a Bernese mountain dog mix that, at about 3 months old, weighs 22 pounds. She will be a big girl, and also a super-smart girl who knows how to sit, stay, come and go potty. Bernese mountain dogs are an easy-going and steady-tempered breed who crave companionship and are very protective of and loyal to their families.

Other pets are available for adoption from Operation Kindness, 3201 Earhart Drive, Carrollton. The no-kill shelter is open six days: Monday, 3-8 p.m.; closed Tuesday; Wednesday, 3-8 p.m.; Thursday, noon-8 p.m., Friday, noon-5 p.m.; Saturday, 11 a.m.-5 p.m., and Sunday, noon-5 p.m. The cost is $110 for cats, $135 for kittens, $150 for dogs over 1 year, and $175 for puppies. The cost includes the spay/neuter surgery, microchipping, vaccinations, heartworm test for dogs, leukemia and FIV test for cats, and more. Those who adopt two pets at the same time receive a 25% discount.

Hate your job? There’s a support group for that. It’s called everybody, and they meet at the bar

214-377-7446
4123 Cedar Springs Rd. • Dallas, TX
facebook.com/cedarspringstaphouse.com

5303 KNIGHT RD
AT KNIGHT & LEMMON

Natural dog food doesn't have to be expensive.

33# BAG ONLY
$29.96

Pet of the week / BERTIE

Bertie is a Bernese mountain dog mix that, at about 3 months old, weighs 22 pounds. She will be a big girl, and also a super-smart girl who knows how to sit, stay, come and go potty. Bernese mountain dogs are an easy-going and steady-tempered breed who crave companionship and are very protective of and loyal to their families.

Other pets are available for adoption from Operation Kindness, 3201 Earhart Drive, Carrollton. The no-kill shelter is open six days: Monday, 3-8 p.m.; closed Tuesday; Wednesday, 3-8 p.m.; Thursday, noon-8 p.m., Friday, noon-5 p.m.; Saturday, 11 a.m.-5 p.m., and Sunday, noon-5 p.m. The cost is $110 for cats, $135 for kittens, $150 for dogs over 1 year, and $175 for puppies. The cost includes the spay/neuter surgery, microchipping, vaccinations, heartworm test for dogs, leukemia and FIV test for cats, and more. Those who adopt two pets at the same time receive a 25% discount.

Hate your job? There’s a support group for that. It’s called everybody, and they meet at the bar

214-377-7446
4123 Cedar Springs Rd. • Dallas, TX
facebook.com/cedarspringstaphouse.com

5303 KNIGHT RD
AT KNIGHT & LEMMON

Natural dog food doesn't have to be expensive.

33# BAG ONLY
$29.96

Pet of the week / BERTIE

Bertie is a Bernese mountain dog mix that, at about 3 months old, weighs 22 pounds. She will be a big girl, and also a super-smart girl who knows how to sit, stay, come and go potty. Bernese mountain dogs are an easy-going and steady-tempered breed who crave companionship and are very protective of and loyal to their families.

Other pets are available for adoption from Operation Kindness, 3201 Earhart Drive, Carrollton. The no-kill shelter is open six days: Monday, 3-8 p.m.; closed Tuesday; Wednesday, 3-8 p.m.; Thursday, noon-8 p.m., Friday, noon-5 p.m.; Saturday, 11 a.m.-5 p.m., and Sunday, noon-5 p.m. The cost is $110 for cats, $135 for kittens, $150 for dogs over 1 year, and $175 for puppies. The cost includes the spay/neuter surgery, microchipping, vaccinations, heartworm test for dogs, leukemia and FIV test for cats, and more. Those who adopt two pets at the same time receive a 25% discount.

Hate your job? There’s a support group for that. It’s called everybody, and they meet at the bar

214-377-7446
4123 Cedar Springs Rd. • Dallas, TX
facebook.com/cedarspringstaphouse.com

5303 KNIGHT RD
AT KNIGHT & LEMMON

Natural dog food doesn't have to be expensive.

33# BAG ONLY
$29.96

Pet of the week / BERTIE

Bertie is a Bernese mountain dog mix that, at about 3 months old, weighs 22 pounds. She will be a big girl, and also a super-smart girl who knows how to sit, stay, come and go potty. Bernese mountain dogs are an easy-going and steady-tempered breed who crave companionship and are very protective of and loyal to their families.

Other pets are available for adoption from Operation Kindness, 3201 Earhart Drive, Carrollton. The no-kill shelter is open six days: Monday, 3-8 p.m.; closed Tuesday; Wednesday, 3-8 p.m.; Thursday, noon-8 p.m., Friday, noon-5 p.m.; Saturday, 11 a.m.-5 p.m., and Sunday, noon-5 p.m. The cost is $110 for cats, $135 for kittens, $150 for dogs over 1 year, and $175 for puppies. The cost includes the spay/neuter surgery, microchipping, vaccinations, heartworm test for dogs, leukemia and FIV test for cats, and more. Those who adopt two pets at the same time receive a 25% discount.

Hate your job? There’s a support group for that. It’s called everybody, and they meet at the bar

214-377-7446
4123 Cedar Springs Rd. • Dallas, TX
facebook.com/cedarspringstaphouse.com
Dallas Public Library, and will run from 3-5 p.m. each Saturday for 12 weeks.

- Jan 12: Survivors Offering Support
  Support group meeting for survivors of violent attacks meets every second Tuesday of the month at 7 p.m. Resource Center, 2701 Reagan.

- Jan. 12: Tarrant County Stonewall Democrats
  LGBT Democratic group meets at 7 p.m. every second Monday of the month at Tommy’s Hamburgers, 2455 Forest Park Blvd., Fort Worth. For more information e-mail Info@tarrantstonewall.org.

- Jan 12: Dallas County Young Democrats
  Discussion of upcoming DCYD elections at 6:30 p.m. and watch State of the Union address at 8 p.m. Sue Ellen’s, 3014 Throckmorton St.

- Jan 14: Fort Worth Transgender Resource Group
  Support and resource group meets every second Thursday of the month at 7 p.m. at the Barron House, 516 College Ave., Fort Worth. Use side door. For more information visit FortWorth-transgender.org/home/index.php.

- Jan 14: The Group
  Support group for black men who have sex with men living with HIV meets from 7-9 p.m. every second and fourth Thursday of the month at a private location. For more information call 214-455-7316.

- Jan 15: Little Black Dress preview party
  Designers for the 10th annual Fashion CITED show are having an LBD competition to see who has the best dress. Complimentary valet, food and drinks. Benefits Legal Hospice of Texas. 6:30-9 p.m. at Park Place Volvo, 3515 Inwood Road.

- Jan 17: Dallas LGBT “We Make Peace” MLK Weekend Barbecue
  Family-friendly LGBT barbecue with bounce houses, games, live entertainment and more from 3-8 p.m. at Lakeside Park, 4601 Lakeside Dr. For more information visit On.fb.me/1Pf8JF8.

- Jan 17: “We Make Peace” Barbecue MLK Weekend Party
  Celebrate MLK Weekend with a family-friendly outdoor barbecue for Dallas’ LGBT community, with free food, talent shows, bounce houses, games and live entertainment at Lakeside Park.

- Jan. 17: Dallas County Gay Pride Week Association Meeting
  Tarrant County Pride’s monthly meeting at 3 p.m. at the Barron House at Celebration Community Church, 908 Pennsylvania Ave., Fort Worth.

- Jan. 18: Dallas LGBT Transcendence
  Fort Worth chapter of trans and ally support group meets monthly on first and third Tuesdays from 7-9 p.m. at Agape MCC, 4615 East California Parkway, Fort Worth. For more information, contact Finn Jones by phone at 214-499-0378 or by email at sfinn.jones@gmail.com.

- Jan. 19: Oak Lawn Library volunteer orientation
  If you are 14 or older and interested in becoming a Dallas Public Library volunteer, attend this orientation. 6:30 p.m. at Oak Lawn Branch Library, 4100 Cedar Springs Road.

- Jan. 21: GALA Third Thursday Happy Hour
  Monthly LGBT and ally group happy hour from 5:30-8 p.m. at The End Zone, 3033 W. Parker Road, Plano. For more information visit On.fb.me/1P8JF8.

  Reproductive rights continue under attack. Dale Hansen and Amy Vanderoeuf appear from 6-8 p.m. DJ Jonathan Graham spins for a dance party from 8-10 p.m. Seven for Parties, 150 Turtle Creek Blvd. RSVP on the group’s Facebook page.

- Jan. 22: CinéWilde Presents Paris is Burning
  Doors open at 8 p.m. with pre-show ball hosted by United Black Ellument at 8:30 p.m. and movie at 9 p.m. Followed by the annual Community Ball at Texas Theatre, 231 W. Jefferson. Benefits UBE. For tickets visit Bit.ly/1P8Stbx.

- Jan. 28: Trans/SOFFA Meeting Dallas Transcendence
  New Dallas chapter of trans and ally support group meets monthly at 7 p.m. at 1017 S Elm St., Ste. 105, Carrollton.

- Jan. 28: The Group
  Support group for black men who have sex with men living with HIV meets from 7-9 p.m. every second and fourth Thursday of the month at a private location. For more information call 214-455-7316.

- Jan. 29: Free neuter clinic, vaccination clinic
  The Petropolitan Oak Cliff, 2406 Emmett, hosts a free Spay Neuter Network clinic for pets of residents of the 75211 Zip Code. This is a male neuter only clinic. Space is limited and appointments are required. Sponsors ask that interested pet owners make their appointments as soon as possible. That same day, from 10 a.m.-noon, Petropolitan Oak Cliff will hold a vaccination/wellness clinic, open to everyone, with all necessary vaccinations available for $25. No appointment is necessary for vaccinations. For more information call 469-930-9827.

- Jan. 29: LGBT Texas Exes & Longhorn Supporters Carnibowl
  Benefit for Queerbomb Dallas’ annual event with entertainment and more at Zipper’s, 3333 N. Fitzhugh Ave. For more information visit Bit.ly/1Z8J8YT.

FEBRUARY

- Feb. 6: Lovebomb 2016 Benefit for Queerbomb Dallas
  Benefit for Queerbomb Dallas’ annual event with entertainment and more at Zipper’s, 3333 N. Fitzhugh Ave. For more information visit Bit.ly/1Z8J8YT.

- Feb. 6: Dash for the Beads
  Mardi Gras festival with 5K fun run, one mile walk, costume contest, beer garden with live music, 9:30 a.m. at Kidd Springs Park, 711 W. Canty St.

JUNE

- June 3: Metroball
  Debbie Gibson and Tiffany headline Metroball, the annual fundraiser for the Greg Dollgener Memorial AIDS Fund. S4, 3911 Cedar Springs Road.

- June 25: Queerbomb Dallas 2016
  7 p.m. at RBC, 2617 Commerce. For more information and to volunteer visit On.fb.me/1P81HZ.
Cox says new Resource Center building will be landmark for LGBT community

JAMES RUSSELL | Staff Writer
russell@dallasvoice.com

Resource Center CEO Cece Cox was on the second floor of the Resource Center’s new building, currently under construction, when she walked to a corner and stood against a beam.

“I think this is going to be my office,” said Cox, looking out onto what is still only a vast, open slate of concrete and metal beams. But she’s seen the plans and raised the funds to get to this moment. Plus, she is the boss. She knows where everything will be.

And in just a few months, Cox will be looking out onto a busy new building for the region’s most well-known LGBT advocacy center.

“The drawing of the office space on the blueprint now includes the actual location for the furniture,” Cox said.

The 20,000-square-foot community center at the corner of Cedar Springs and Inwood, in front of the Cathedral of Hope, was designed by Dallas architect James Langford, a protégé of the late, legendary architect I.M. Pei, who also designed Dallas City Hall and the Meyerson Symphony Center.

Although Langford worked with Pei, his designs — including Northaven United Methodist Church — deviate from Pei’s brutalism. But Pei’s believed that “light is the key,” and Pei’s use of natural light stuck with Langford.

Cox said she wasn’t concerned that there was a straight architect designing this building for an LGBT organization. What mattered, she said, was that in designing the building, he was passionate about commemorating LGBT history.

The building is triangular and both floors have a triangular floor pattern. It is an intentional nod to the pink triangle as a symbol of LGBT history.

“The new Resource Center building is making a statement locally and nationwide. The building’s design and the symbols were approached with great care by the architect,” said Ted Kincaid, a local gay artist who served as chair of the art acquisition committee for the new building.

The new center consolidates programs that are currently spread across three facilities. It is designed to accommodate many, but not all, of the center’s current programs. As the new home for social and support groups like Gray Pride as well as the center’s counseling partnership with Southern Methodist University, it offers large meeting and office spaces.

But Resource Center’s current 12,000-square-foot home at Reagan and Brown is not going away. It will be remodeled to consolidate HIV services, nutrition services and the food pantry.

The center is keeping the location for a number of reasons, Cox said, including the fact that the space is familiar to clients. But it is also his-
New year, new path for Trans Pride Initiative

Mission stays the same, but approach changes

JAMES RUSSELL | Staff Writer
russell@dallasvoice.com

In 2015, Trans Pride Initiative’s Nell Gaither joined a select group of other LGBT advocates from around the country to discuss with federal policymakers in Washington, D.C., the LGBT community’s barriers and successes under the Affordable Care Act.

Trans Pride Initiative worked with Resource Center here in Dallas to secure gender identity protections for public transportation passengers nationwide, and representatives were asked to speak before local organizations and at regional and national conferences.

TPI’s tireless advocacy isn’t going away in 2016. But the organization will be doing things a little differently.

The transgender advocacy and resource group also has a new space to try things out.

Beginning this month, every Monday from 4-6 p.m., Gaither and other TPI members will hold office hours in the storefront office of Community Pharmacy on Cedar Springs Road. The building, located next to the fire station and run by Walgreens, is used by other community groups as well, such as UT-Southwestern’s Community Prevention and Intervention Unit.

“It’s not permanent,” Gaither said of the arrangement, adding that TPI wants to see if it works out. Individuals who want to learn about the organization, participate in its work, report violence or get resources are free to stop in, she added.

But TPI is also changing its organizational culture. It will remain focused on access to life essentials like healthcare and housing for low-income trans people. But members to expand its work into the board’s significance,” Gaither said.

The change in approach stems from a lot of learning by doing.

Since its incorporation in 2011, TPI has run as an inclusive and democratic group. So board meetings have always been open to the public. To cultivate the public support, board members and volunteers would get out into the community.

A “big part” of TPI’s networking activity included networking meetings providing a chance for transgender groups and resource providers to get and work together.

“We at first went out and connected with people then hoped people would see us at our events and get involved. But that never happened,” Gaither said. “So we wondered, ‘How do we structure differently?’”

Experimentation influenced the structural change. So did the Sylvia Rivera Law Project, a New York-based, collectively-run transgender legal and advocacy group with goals similar to TPI’s.

“We want it to be a more horizontal structure, reducing the board’s significance,” Gaither said. Instead of a board that trickles responsibility down to others, the members and committees take the helm.

“My idea was to originally coordinate across all groups,” Gaither said. “I always had the idea to work with marginalized populations. And I’ve learned you have to go to them.”

At the first open meeting for the community, TPI received interest in a number of committees, including the anti-violence, prison and healthcare committees.

“If a volunteer is serious enough we’ll have a housing committee too,” Gaither said. “Otherwise we’ll start working on those three committees and gradually build from there. It’s a process we’re learning on the way.”

New York Times Best Selling Author Gregg Braden at Unity of Dallas

Friday, January 15
6pm: Reception/Book Signing ($20) • light refreshments
7pm: Talk ($45) • Creating Resilience in a Time of Extremes

Saturday, January 16
9am – 5pm Talk & Workshop ($125)
Awakening the Power of a Spiritually-Based Science
Morning Coffee & Lunch Included

Get your tickets at BrownPaperTickets.com
or 1-800-838-3006 (24/7)

6525 Forest Lane, Dallas, Texas 75230
972-233-7106 • UnityDallas.org

Brady L. Allen, MD
Internal Medicine
HIV Medicine
David M. Lee, MD
Internal Medicine
HIV Medicine
Marc A. Tribble, MD
Internal Medicine
Infectious Diseases
HIV Medicine
Donna R. Graneto, MD
General Practice
HIV Medicine
Edison Leary, APRN, FNP-C
Family Nurse Practitioner
HIV Medicine
Eric Klappholz ANP-C
Adult Nurse Practitioner
HIV Medicine
Kroger execs float plans for expansion

Concerns about guns at Kroger, walkability and the store closing in the future cloud neighborhood’s view of deal involving library

DAVID TAFFET | Senior Staff Writer
taffet@dallasvoice.com

Kroger on Cedar Springs Road is among the supermarket chain’s most successful stores across the country, according to Gary Huddleston, Kroger’s southwest division spokesman. But with competition moving into the neighborhood, the company would like to expand and upgrade the store and add parking.

To do that, it needs the Oak Lawn Branch of the Dallas Public Library to move. Kroger officials have proposed moving the library to the second floor of the store’s planned expanded space.

Store representatives estimated that the land where the library now sits would add 100 parking spaces. But expansion of the store from the current building to Knight Street would take about 60 spaces. The expansion would add about 20,000 square feet, increasing the store by almost 50 percent.

But everything presented at a meeting at the library on Tuesday, Jan. 5 was preliminary.

“These are conceptual plans to improve the library and improve our store,” Huddleston said.

Kroger paid for construction of the current library before opening the Cedar Springs store. The former library sat approximately in the middle of what is now Kroger’s parking lot and needed to be moved to make the store feasible.

The current building is larger than the previous branch, but is technologically out of date and smaller than new Dallas Public Library branches, according to Jo Giudice, director of the Dallas Public Library.

The crowd that came to hear about the plans and ask questions overflowed the library’s meeting room.

“This is an illustration of why we need a bigger meeting space at this library,” Giudice said. “It will be at no cost to the city.”

That’s because Kroger would pay the cost of building the new branch and lease it to the library rent-free.

In addition to increasing the space by about 5,000 square feet, new construction would make the library more energy efficient.

But as questions began, one member of the community after another criticized Kroger for its gun policy. Kroger is the only major chain that has not banned open carry in its stores.

Huddleston said the store is just following the law, but several audience members pointed out to him that putting up a sign to ban open carry guns also follows the law. Other community members told him his store was the only one on Cedar Springs allowing open carry and is out of sync with the community.

Councilman Adam Medrano defended the store’s community involvement. He said the store responded quickly to his request to replace burned out lights around the property when he began working on increasing safety in the neighborhood after a series of attacks began in September.

Giudice said there would be more security in the location above Kroger.

Councilman Philip Kingston said the neighborhood cares a lot about the library, but he voiced concern about moving it from its current site.

“It doesn’t address the street well,” Kingston said.

Moving the library away from the street would take away from the neighborhood’s urban feel. A number of people attending the meeting addressed walkability and access to the neighborhood.

Kroger representatives seemed to think a wide open parking lot was what made the property walkable.

Few people in the room liked the plans presented. One called the new store something that would look good in Irving. Another said the library would lose its identity.

And referring to its gun policy, one community member asked Kroger to “have more sensitivity to the neighborhood.”

Another concern was what would happen to the library if the supermarket closed in 10 years.

New restaurants are opening, a lot remains vacant, one bar may be forced to close and another may not lose its lease

DAVID TAFFET | Senior Staff Writer
taffet@dallasvoice.com

Expect an empty field, at least two new restaurants and maybe a new bar along Cedar Springs Road in 2016.

Kroger may face some stiff competition when a new Central Market opens a few blocks away, but even though some of the land has been cleared, a timeline for the new store is still in question.

An empty field, where the first gay-owned business on Cedar Springs Road once stood, remains fenced. Warwick Melrose Hotel bought the land several years ago when the owners of The Bronx, a restaurant that opened in the 1975, retired.

MELROSE HOTEL

The building that once housed The Bronx was razed to accommodate plans to build a pool and other gym facilities for the hotel, as well as a large ballroom. Various plans developed over the last couple of years, that originally included a parking garage, are on hold, according to a source at the hotel who asked not to be identified.

“Nothing is really happening,” the source said.

A couple of years, that originally included a parking garage, are on hold, according to a source at the hotel who asked not to be identified.

Originally, the hold-up on developing the property was the sale of liquor. Only the footprint that included the building that housed The Bronx was wet. The rest of the property that’s been cleared was dry.

Rumors that adjacent buildings housing Thai Lotus, Liquid Zoo and Cafe Brazil were also sold to The Melrose Hotel are unfounded, according to the source.

“They haven’t done anything with the other property,” he said.

So for the foreseeable part of 2016, Cedar Springs Road will continue to have a fenced lot welcoming visitors to the gayborhood, with no sign of construction.

STREET’S FINE CHICKEN

Rumors that the building on the corner of Reagan Street and Cedar Springs Road that was home to the Black-eyed Pea would be torn down to build a parking lot are unfounded.

Restaurateur Gene Street opened The Black-eyed Pea in 1975 and sold it to Phoenix Restaurant Group 10 years later. Over the years, the restaurant chain that started on Cedar Springs Road was sold several times. At one point it was owned by Denny’s. The current owner is Restaurants Acquisition I of Arlington, which owns 15 Black-eyed Peas and Dixie House, also created by Street, in Lakewood Village Shopping Center. The company declared bankruptcy last fall.

When Street sold the restaurant, he retained ownership of the building. After losing his leases on two other Oak Lawn restaurants last year — Good Eats and Snookies — he decided not to renew the Black-eyed Pea lease to give himself room to open Street’s Fine Chicken this spring.

The menu will include the original Black-eyed Pea in 1975 and sold it to Phoenix Restaurant Group 10 years later. Over the years, the restaurant chain that started on Cedar Springs Road was sold several times. At one point it was owned by Denny’s. The current owner is Restaurants Acquisition I of Arlington, which owns 15 Black-eyed Peas and Dixie House, also created by Street, in Lakewood Village Shopping Center. The company declared bankruptcy last fall.

When Street sold the restaurant, he retained ownership of the building. After losing his leases on two other Oak Lawn restaurants last year — Good Eats and Snookies — he decided not to renew the Black-eyed Pea lease to give himself room to open Street’s Fine Chicken this spring.

The menu will include the original Black-eyed Pea chicken-fried steak as well as the hot rolls originally served at the restaurant.
In the wake of the recent rash of violet attacks in the gayborhood, Chuck Gary and David Downing return to the Round-Up Saloon on Jan. 17 to once again offer a workshop in self-defense.

Gary, a Tae Kwon Do instructor at Oak Lawn Boxing Gym, and Downing, who learned martial arts from his aunt to defend himself in high school, taught a similar workshop at the Cedar Springs nightclub last November.

“Since the start of the attacks here at Oak Lawn, it’s very important that everyone comes up to speed on what they can do to protect themselves,” Gary said, referring to the 14 assaults that have occurred in Oak Lawn since the first of September. The latest attack, which occurred in December, happened in the Round-Up’s parking lot.

The workshop will include elements of Tae Kwon Do, boxing and Krav Maga, a form of self-defense developed for and used by Israeli special forces, Gary said. He and Downing will spend about half the workshop talking about how to avoid being attacked in the first place, and the other half teaching attendees how to defend themselves if they are attacked.

“Awareness is the key factor,” Gary said. “What do you do the minute you walk out of that bar? You observe, see who’s there. Look for places of possible ambush and avoid that. The one attack you will always win is the one you don’t have.”

He also said there are simple things that can be done to ward off attackers: “Some of the simple things put people in awe. You never think of some of the moves you can do that are so simple.”

The workshop will include instruction on maneuvers to disarm an attacker. “If they are going to shoot you, then you’ve got nothing to lose by attacking them,” Gary said. “And there are techniques to get the gun away from them and shoot them.”

But it’s not cowardly to run away from an attack, Downing noted.

“If you’re in a situation where you don’t feel you have a choice, you have three to five seconds to do something or you’re the one who’s going to be in trouble,” he said. “If you ever make it to the ground in a fight, you’re in big trouble.”

Although Gary is a bodybuilder who once weighed 245 pounds, he said anyone can learn to defend themselves. “Age and size mean nothing,” he noted. “It’s your skill” that counts.

And, Downing warned, never underestimate smaller people.

“Get my ass kicked once by somebody who was 5-foot-6 and 110 pounds,” he said.

Chuck Gary and David Downing lead a workshop on self-defense on Saturday, Jan. 17, from noon-1 p.m., at The Round-Up Saloon, 3912 Cedar Springs Road.

— Mathew Shaw
Holiday vacation nightmare

Misadventures of a gay traveler include flight delays, a missed ship, a gay resort and a broken ankle

“I’ve fallen, and I can’t get up.” That was me just before Christmas, on a public phone in the popular LGBT Blue Chairs Resort in Puerto Vallarta, after tripping and falling on the rooftop veranda floor.

“One very funny,” the desk clerk said, apparently thinking I was imitating the television commercial. “Are you drunk?” Then he hung up, thinking it was just another crazy American on a bender in Mexico.

I crawled on my hands and knees to the elevator. Unfortunately, I couldn’t reach the call button so I started yelling, “Help!” Soon guys started coming out of their rooms, and the desk clerk, who was horrified when he realized I really was injured, called an ambulance.

This sad tale is about an aborted 18-day holiday dream cruise departing San Diego, hugging the Pacific coast with stops all along the southern route, then crossing the Panama Canal to venture through the Caribbean, with a stop at Aruba and in the Bahamas before docking in Fort Lauderdale.

Unfortunately, I never stepped foot on Holland America’s MS Amsterdam and instead returned home to Dallas-Fort Worth for emergency surgery on a broken ankle.

We’ve all heard airline travel has changed drastically in recent year. But the reality of the flying experience today will shock the most seasoned traveler. It’s not important what airline I was flying because they all operate the same today. Policies are more geared toward turning profits than satisfying patrons.

I had spent three months planning my trip down to the tiniest detail before I left for DFW International Airport Dec. 18. As we sat on the plane — buckled up, ready to lift off and already 30 minutes late — the captain advised us of a mechanical problem. About 45 minutes later, he told us to return to the terminal.

For the next six hours we waited, and every 60 minutes the monitors revised our departure time by an hour. Our bags were on the plane, and we could not retrieve them to make other arrangements. In fact, there were no other arrangements to be made. That’s the result of cutbacks in the number of flights operating today.

I met one other passenger in the terminal headed for the cruise ship, a gay 91-year-old World War II veteran who planned to meet his gay 94-year-old brother from San Francisco onboard. He hung out with me after hearing me complain to the airline representatives.

For hours our plane sat at the gate, preventing other planes from landing and unloading and reloading. Chaos ensued as passengers came and went, looking for their planes.

Finally, after the mechanics finished we boarded and the plane took off for San Diego, arriving about two hours after my ship left the port. The captain asked us to be nice to the flight attendants because after all, “they’ve been sitting and waiting too.”

In San Diego we met a crowd of passengers waiting for the flight back to Dallas who had been stranded. When we got there, my new friend and I went to the airlines ticket counter — if we had been expecting concern and assistance, we had that figured wrong. We were traveling coach, not first class.

At first, the ticket agent refused to put us up in hotel rooms for the night, but a manager reversed that decision. Still, they balked when I asked them to book us complimentary flights to Puerto Vallarta where the ship would dock first.

Their advice: “Always book your airplane travel with us through the cruise line so they can take care of your needs.” Then they offered to sell me a ticket to Puerto Vallarta through Phoenix for almost $1,000. I declined.

My new friend bought the last remaining ticket on another airline for about $500. The manager said I couldn’t expect the airline to help me out when I had paid so little for my ticket online. Later, I found a ticket on Expedia for $265 on the very same flight offered to me by the airline for $1,000.

The next day, I flew to Phoenix where the agents told me they had oversold the flight so I still might not make it to the ship. I begged them to get me on the flight, and somehow they did.

When I arrived in Puerto Vallarta I reconnected with my new friend at the Blue Chairs, where we had booked rooms the previous night. We went out to dinner at Café Olla, my favorite restaurant in the resort. What a fiasco we had endured, but we toasted with margaritas over the thought of boarding the ship Monday morning.

Later that night I was walking in the moonlight, trying to relax enough to get some sleep after two hectic travel days. I tripped in the dark.

Long story short, I went to a Mexican hospital where they put my ankle in a pre-operative cast and charged me about $2,800. You don’t get your passport back if you don’t pay the bill. (Never travel in a foreign country without travel insurance that will reimburse emergency medical expenses.)

I flew home to Dallas on the same airline Monday morning, but first class this time. What a difference $200 makes in the price of a ticket and how you get treated. They actually showed me some sympathy and catered to me.

I had said goodbye to my new friend who boarded the ship as I headed for the airport.

My nephew and his wife, who live in Winnetka Heights, picked me up at the airport and the next day she took me to the doctor, who sent me immediately to surgery. Now, I’m home on Cedar Creek Lake, recovering and confined to a wheelchair.

The airline representatives in San Diego told me when I take a cruise I should always arrive in the city a day before the ship leaves. Obviously, the airlines can’t be trusted to get you where you are going on time.

I also will take their advice and book my air travel through the cruise line, whose representatives could not have been more gracious. They have already refunded all of the money I paid for the cruise, including the entertainment package.

What’s more, I’m flying first class from now on. It’s nice to be treated a little special, rather than being herded around like a cow on a trailer.
A Tom Thumb located across the street boomed without much competition for years. That store was renovated in the early 1990s and was gone within 10 years after Kroger opened.

A Kroger representative said the company would offer the library a 50-year lease, but details need to be worked out with the city attorney. Still, he offered no real answer to questions about what would happen if Kroger closed that location or disappeared as a corporation.

Kingston noted that signing the property where the library is now located over to Kroger may not be legal.

While the land the library sits on may be worth $1 million, building a new library branch costs $6 million.

Huddleston said his staff took extensive notes at the meeting, and would be back with more detailed plans. He said the company hopes to open its enlarged Cedar Springs store with new library by 2018.

“Kroger’s heart may be in the right place but I’m not sure their heads are quite there yet with 2016 urban design ideas,” said Steve Byars, who attended the meeting.

...
Resolve to get in shape

‘Work Out New York’ gay trainer Courtney Paul knows how to make you keep your New Year’s resolutions

SCOTT HUFFMAN | Contributing Writer
scott_in_dallas@yahoo.com

With the holidays now behind us — both literally and figuratively — many will resume temporarily abandoned efforts to improve diet and fitness. Perhaps you have resolved to lose a few extra pounds, or maybe you simply have hesitated to get back into the gym. In either case, Courtney Paul — an out celebrity fitness trainer and one of the stars of Bravo’s new reality series Work Out New York — offers several timely tips to get us on track for better health in 2016.

Motivation

Like many, you may find yourself bored with your normal exercise routine. Or, you may simply need a little assistance in mustering workout excitement. As a fitness fatigue remedy, Paul suggests shaking things up. He believes finding motivation can be as easy as picking up a new fitness magazine.

“You need to change the way you think,” Paul says. “For me, when I get a fitness magazine, it will help give me new ideas or new workouts that I haven’t done in a while. Sometimes you’ll get in a rut and you’ll do the same movements all the time. That is one way you can get out of your normal, basic routine, and it will help motivate you.”

Paul also recommends seeking out trendy fitness boutiques for a new and challenging change of pace. In fact, many find that working out with others can be motivating. Paul suggests enrolling in boot camp or joining a spin class to renew exercise enthusiasm.

“Right now, fitness studios are the hot thing,” Paul says. “There’s SoulCycle, Barry’s Bootcamp, Orangetheory and Flywheel. Whenever you try something different with a new technique or method, it will also help motivate you to get off your fucking couch and get that ass moving.”

Goals

To maintain motivation, Paul suggests writing down a long-term goal and short-term goals. The long-term goal is your fitness destination, complete with an arrival time. Short-term goals are congratulatory milestones to keep you going.

“Without a goal, it’s just a wish,” Paul says, “and that wish may not happen unless you write it down. You’ve got to have a goal with a certain deadline. That’s the only way that will work.”

Once your fitness plan is underway, don’t even consider cheating. “Would you cheat on me?” the handsome Paul
quips with a smile, likening cheating on a fitness plan to betraying a significant other. As you accomplish short-term goals, Paul recommends treating yourself to something materialistic rather than rewarding yourself with food or beer or wine. For example, buy yourself jeans, a shirt and shoes, then make these items a part of your wardrobe when you treat yourself to a trip after achieving your long-term goal.

“The cheat-meal only sets you back, especially with diet,” Paul counsels. “We are all human. We all love to have drinks and food and to eat. But at a certain time, your taste buds will change. I am on a clean diet right now, and there are certain things I do not want to eat. I do not go for the cheat meal or the cheat diet or the cheat drinks. Whenever you cheat, it is only robbery from your results that you could have gotten sooner.”

Rest

Perhaps you have heard the mantra: rest is as important as reps. Muscles need adequate rest to aid in growth and strengthening. Over time, shortchanging yourself on down time can exact a physical toll. Paul suggests blocking out recovery time, no matter how busy your day may be.

“If your body is tired, you need to rest,” Paul says. “Let’s just say your body is a machine. If a machine has been running and running, it does not perform as well. Sometimes you have to unplug it. Let it cool down. Let it recharge for it to be better. You need certain sleep for your body to recuperate. If your body doesn’t recuperate, there is more chance of injury.”

Mythbusting

Paul is quick to dispel a couple of popular misconceptions that might derail your renewed fitness journey. For example, he warns against falling for the “no pain, no gain” workout theory. In fact, the fitness guru recommends paying attention to pain and then altering your workout accordingly to avoid harm.

“That’s the number one myth that I hate,” Paul says. “If there is pain, that’s your body’s way of saying stop. You have to listen. If you don’t listen to your body with the small messages, it will send you a larger message and it will make you stop. The bigger message will be an injury.”

Another popular gym myth is the belief that you are not exercising hard enough unless you work up a big sweat. The truth, however, is that wetter doesn’t always mean better. Sweat is more a function of genetics than it is an indicator of accomplishment.

“So some people just are sweaters,” Paul says. “I don’t sweat that much. I could be killing you in the gym. And people are like, ‘You are not even working out!’ Just because you don’t sweat that much, doesn’t mean that you aren’t training as hard.”

Action

Finally, Paul counsels against hesitation. You are the only obstacle to achieving the results you desire. You have only one body, after all, so take care of it by making informed decisions … even if that means seeking a trainer’s advice.

“When you hesitate on going to the gym, you are hesitating on your own results,” Paul says. “When you hesitate on making the right decision like cooking your meals or going the healthier route, it’s pushing your results out even further. And if you cannot pick the right road, that’s when a personal trainer comes into play. That’s when we help.”
Gay celebrity fitness expert Jorge Cruise on the perfect healthy diet (that you can maintain), fatherhood and his upcoming nuptials

Jorge Cruise is all about changing one’s life for the better… even if it took him a while to find his own best self.

The Mexico City-born celebrity fitness trainer and New York Times bestselling author of more than 20 lifestyle and diet books (including The Belly Fat Cure series), Cruise made a major self-improvement adjustment of his own five years ago: He came out of the closet. Today, the San Diego-based 44-year-old is happily engaged to boyfriend Sam Ayers (they met in 2014 and will tie the knot in Capri, Italy on July 2), co-parenting two sons from a previous (heterosexual) marriage, and launching a brand new tome and lifestyle strategy, Tiny And Full: Discover Why Eating A Vegan Breakfast Will Keep You Tiny And Full For The Rest Of Your Life (BenBella Books).

A regular guest on TV programs like The Dr. Oz Show, here Cruise discusses his vegan-in-the-morning diet program, healthy eating tips, gay parenting and his soon-to-be hubby…and their 20-year age difference.

— Lawrence Ferber

Dallas Voice: How did you discover this vegan breakfast diet? Jorge Cruise: Well, as many of us know, the vegan diet has taken the world by storm. Beyoncé has tried it, President Clinton has, and many of my clients have. But it’s hard and not always fun. Most people cannot commit to this type of lifestyle long-term because you have to completely eliminate any animal products — meat, cheese, eggs, even honey. However, the vegan way of eating is very good for you and has a lot of health benefits. So, with Tiny and Full, I’ve come up with a way to be a part-time vegan to reap the benefits without the 24/7 commitment. You only have to eat a vegan breakfast, then you’re set free to eat animal-based foods [the rest of the day]. I still encourage you to regard meat as a condiment and fill your plate with lots of plant-based foods like leafy greens, vegetables, and fruits, but incorporating animal-based foods is important. In fact, it’s vital not to be a full-time vegan because you miss out on nutrients like B12 that are only found in animal-based foods and help maintain energy throughout the day.

What about egg addicts? Is there any sort of egg replacement on the market now or coming up? You can eat eggs on my plan as long as they’re not for breakfast. If you find that you need to start your day off with protein, I recommend using pea protein, a very new type of protein that is 100 percent vegan. It’s also my best-kept secret for feeling full until lunch. It provides you with all the benefits of protein — staying full for longer, reducing the drive to eat all day long — without all the problems that come with other protein powders. Plus, it’s delicious, affordable and available anywhere protein powders are sold. [His own brand is available at TinyandFull.com.]

It’s been five years since you came out; has it made any difference in your career? I honestly don’t see any differences in my career. I feel that the health and fitness industry has continued to embrace me and my methods. All the books I did, the media for whatever reason, everyone I worked with has been incredibly supportive. And women especially, they realized a gay male fitness trainer is not going to really intimidate them, not going to judge them by butts or boobs. It brought me closer.

You have two sons: Parker (11) and Owen (9). Do you let them eat “bad” foods? What are their dietary habits like? Parker is a total health enthusiast and Owen is right on his tail. I always say that the secret is being the change you want to see. If you want your kids to eat healthier, then you have to eat healthier as well. Kids will always follow by example, and since my sons were born they’ve always seen me eat healthy foods.

What is the craziest thing you’ve heard your kids say lately? The other day my oldest son asked me, “Is this pepperoni nitrate-free?” It was a bit shocking to hear an 11-year-old asking about processed meat. I’m pretty sure he saw on the news or heard me talking to [my fiancé] Sam about these new studies on how processed meat is being linked to cancer. I told you, my Parker is a total health enthusiast.

What are a few tips for gay couples considering children? My advice to any couple, straight or gay, is that being a parent is the greatest gift in life, but also the most challenging. Being a parent is the most fulfilling job I’ve ever had. I’d encourage those who are thinking of having kids to start spending time with other couples with kids and even babysitting them.

Tell me a bit about your fiancé, Sam. Sam really holds down the home base for us as a family. He’s the one who helps balance everything in our life and I couldn’t do it without him. You might not know this, but Sam is...
20 years younger than I am], which to some is a huge shock, but I truly believe that age is just a number. I’d encourage your readers to not let an age difference stop a couple from making it work.

Name three Jorge Cruise books that are must-reads for newcomers. There’s only one book that is a must, and that’s *Tiny and Full*. It is the most profound, life-altering book I’ve ever written. I’ve devised this book to be the only lifestyle plan you will ever have to follow. No crash diets, no starvation, no weird ingredients. You will become the best you. It is not a “diet” book, it truly is a lifestyle makeover. You will be healthier, confident, inspired, not to mention have abs of steel.

Is there one “villain” food that is actually OK? One villain food is chocolate-covered bananas. Many of my celebrity clients like to add some chocolate to their diet, and I think that’s totally fine in moderation. I always recommend my go-to, which is carob-chocolate bananas, which is basically just dipping bananas into melted carob chips and almond milk. This gives you that sweet and savory feeling, but doesn’t throw your entire diet off course.

WORK OUT DALLAS: GYMS, FITNESS CENTERS & YOGA STUDIOS

**Club Dallas** — Exclusively serving gay men for more than 30 years, this institution actually has one of the largest gyms in the city, and is open 24 hours, 365 days a year. 2616 Swiss Ave., 214-821-1990, TheClubs.com.

**CrossFit** — The popular cross-training system has various locations, including 4226 Ross Ave. and 5454 Lemmon Ave., CrossFit214.com.

**Dallas Yoga Center** — Offers a full slate of classes and various membership options in Uptown. 4525 Lemmon Ave., Ste. 305, DallasYogaCenter.com.

**Diesel Fitness** — Located on the third floor of the Centrum, it’s right in the heart of thegayborhood. 3102 Oak Lawn Ave., Suite 300, 214-219-6400, DieselFitness214.com.

**Deadman Center for Lifetime Sports** — Located on the SMU campus, it offers wall climbing, a weight room, 1/7-mile indoor track, swimming, racquetball courts and aerobic dance rooms. 6000 Bush Ave., 214-768-3374.

**Equinox** — This national gym offers a full range of fitness services. 4023 Oak Lawn Ave., Equinox.com.

**Gold’s Gym** — Locations are throughout the city, but the one in Uptown serves a fit, very gay customer base. 2425 McKinney Ave., 214-306-9000, GoldsGym.com.

**King Spa & Sauna** — Open 24/7, clients can partake in detoxifying, anti-inflammatory, depuration and skin rejuvenation saunas. 2154 Royal Lane, KingSpa.com.

**LA Fitness** — The one on Lemmon and a Signature on Haskell are popular with gay clientele. 4540 W. Mockingbird Lane and 2990 N. Haskell Ave., LAFitness.com.

**Spa Castle** — Massive full-service gym in the heart of “Bearallton.” 1020 Railford Road, Carrollton, 972-466-6800, TX.SpaCastleUSA.com.

**Sunstone Yoga** — With 13 locations locally, the Uptown one remains very popular with eight different types of yoga practices. 2907 Routh St., SunstoneYoga.com.

**Title Boxing Club** — Boxing gym. 4140 Lemmon Ave., Ste. 275, 214-520-2994, TitleBoxingClub.com.

**Trophy Fitness Club** — Among the five locations are one in the Downtown Mosaic and in one Uptown. 1700 Pacific Ave., and 2812 Vreelands, Suite 300, TrophyFitnessClub.com.

**24 Hour Fitness** — Popular locations include Downtown and at Mockingbird and Greenville. 700 N. Harwood St. and 5706 E. Mockingbird Lane, 24HourFitness.com.

**Vigor Massage and Personal Training** — Trainer Robert Ectoruday offers a full-service personal training gym along swiss Avenue. 3102 Swiss Ave., 903-422-6044.

**YMCA Downtown** — Partake in personal training, sports, swimming. 601 N. Akard St., 214-954-0500, YMCADallas.org.


For anyone who thinks life in the gay community ends at age 30, Jeff Lanier is living proof it can get started well after that.

Lanier was already in his early 40s when he came out as gay. Around the same time, he was asked by a photographer friend to model for him. Nude.

“I just kinda fell into it,” he says humbly. Since starting four years ago, full-nude shoots is “mostly what I do. I’ve never really had a problem with nudity — I’m a free spirit. I just see the human body as art.”

Darrin Miller has a similar story. He did not begin nude modeling until his 40s as well, and ever since he started, he’s been on a quest to demystify the naked male body — to prove that you don’t have to be pornographic to appreciate nudity.

“I find it fascinating that in our country, if a women is nude, it’s art; if a man is nude, [it’s a scandal],” Miller says. “So I wanted to have a photographic exhibition that shows what I consider to be classic portrayal of the male body in an un-

The exhibition of male nudes will feature upwards of 60 photographs of mostly local models taken by local photographers, including this one from Landon Harris. (Photo courtesy LandonPhotography.com)
sexual, unaroused state.”

The result is the upcoming show Celebrating the Male Form, which exhibits for one-night-only at the Basement Gallery. Setting up the exhibit “was just a per chance thing,” Miller explains. “I went to the Basement Gallery where they have a drink-and-draw, where models pose and you draw them. They do mostly pop art, but [I asked the owner], would he be open to doing a show that celebrated the male nude? He said sure!”

“The biggest reason I did it was, for lack of a better term, to celebrate the simplicity [and beauty] of the male body. Someone once said, a woman can stand completely naked and it’s art, but a guy has to be doing something — playing sports and such,” he says.

Miller then put the word out on Model Mayhem, a website networking models and photographers, to gauge interest. More than a dozen participants (artists and models) have submitted works for the show. Miller expects more than 60 images will be featured.

One of the participating photographers is Russell Windle, who’s been involved in photography (behind the lens and in front) since he was 13 more than 50 years ago. (“My age right now doesn’t permit modeling,” he jokes.) He cites Paul Freeman, an Australian photographer, and Mark Henderson from Austin, as influences — artists “who help take the taboo out of the male nude,” Windle says. He personally employs post-shoot effects to add an artistic element.

“I try to disguise a lot of my photographs into looking like an oil painting,” he says, though he doubts he will use such techniques in this show. Even without such elaborate Photoshop applications, though, Windle, Lanier and Miller are all aiming for something other than titillation.

“They will be very boudoir-ish,” Miller says of the intent of the show. “The beauty of the male anatomy doesn’t have to be pornographic.”

“I think there are different types of nudity,” agrees Lanier. “There’s pornography, which you wouldn’t want everybody to see, and then there’s the David, which is a famous work of art. I don’t have a problem with that.” Still, he’s not sure he wants his daughters or his mom to come to this show — there’s art, then there’s family.

— Arnold Wayne Jones

Photographer Russell Windle has shot exhibition organizer Darrin Miller, above, in classic poses from antiquity; opposite inset, his technique sometimes mimics oil paintings.
Life is a cabaret, old chum — at least in Dallas this week

The new year has barely gotten started, and already there are more cabaret series than you can shake a highball glass at. First up is season 2 of Denise Lee’s free Cabaret Festival at Fair Park Monday, starting with Linda and Larry Petty. Linda is back as the emcee of the Sammons Center’s 2016 Cabaret and Cabernet series, featuring wine tastings and music. Both cabaret series continue throughout the year.


Friday 01.15 — Sunday 01.17

Uptown Players, TCC re-team for concert version of ‘Aida’

It’s been more than a year since the last time North Texas’ two leading gay performing arts companies — Uptown Players and the Turtle Creek Chorale — united for a concert version of a musical (they previously teamed up for Ragtime), and they’ve picked a good one again: Elton John and Tim Rice’s beautiful, Tony-winning Aida. The show will be performed for one weekend only, so get your seats now!


Friday 01.15 — Sunday 01.17

Spa & Grooming • Play Care Boarding • Walking • Home Visit

Downtown
408 S. Harwood St
214.741.4100

Oak Cliff
2406 Emmett
469-930-9827

Lap Dances & Sloppy Kisses

01.08.16 — dallasvoice 25
**NEW YEAR’S RESOLUTIONS?**

*Come See Us for Everything Top, Bottom and in Between!*

---

**ARTSWEEK**

**THEATER**

**Sexy Laundry:** The return of the hit from earlier this year, a co-production from WaterTower and Stage West, reuniting original cast members Bob Hess and Wendy Welch. Moves from the Addison Theatre Centre to Fort Worth. Stage West, 821 W. Vickery Blvd., Fort Worth. Through Jan. 31. StageWest.org.


**DANCE**

**Shen Yun Performing Arts:** The Chinese dance and music troupe performs. Final weekend. Winspear Opera House, 2403 Flora St. ATTPAC.org.

**CONCERTS**


**FINE ART**

**Jackson Pollock: Blind Spots.** An exclusive exhibit of the innovative American painter’s late work, a departure from his classic “drip” paintings. Dallas Museum of Art, 1717 Harwood St. Through March 20. Special exhibit fee. DMA.org.


---

**2016 SPECIALS**

**MONDAYS**

1/2 price rooms
8am to 6pm

---

**WEDNESDAYS**

1/2 price lockers
8am to 6pm

---

**FRIDAYS**

1/2 price rooms
8am to 6pm

---

**TUESDAYS & THURSDAYS**

Bring your comeback coupons from
8am to 6pm

---

Youth lockers 18 – 25 y/o $8.00 everyday. Complimentary membership included
Youth locker renewals $12.00. Free on Thursday

MEMBERSHIP REQUIRED IN ALL SPECIALS

Discount memberships available: 6 month = $20 · 1 year = $35

2509 PACIFIC AVE DALLAS 75226 · 214.821.8989 · MIDTOWNE.COM
FRIDAY 01.08
COMMUNITY
High Tech Happy Hour. Queer mixer sponsored by the tech community, but all welcome. Sushi Zushi in the West Village, 3636 McKinney Ave. 150. 5:30–7:30 p.m.

MONDAY 01.11
CABARET
Dallas Cabaret Festival. Denise Lee presents this free cabaret series at Fair Park, kicking off with Linda and Larry Petty with The Song Remembers When. The Women’s Building, 3800 Parry Ave. 7 p.m. doors. Free.

TUESDAY 01.12
FILM
The Magnificent Seven. This Hollywood Western, adapted from the Japanese classic Seven Samurai, made stars of Steve McQueen and Charles Bronson. Screens as part of the Tuesday Big Movie New Classic Series at Landmark’s Magnolia Theatre in the West Village, 3699 McKinney Ave. Sponsored by Dallas Voice. Screens at 7:30 p.m. and 10 p.m.

WEDNESDAY 01.13
THEATER

FRIDAY 01.15
BOOK SIGNING
Greg Cope White. A sixth generation Texas and television writer (Dream On), White has a show on the Food Network (Unique Sweets) and has recently written the memoir The Pink Marine, a humorous (and at times serious) look at his enlistment in the Marine Corps (while trolling the gay bars in Oak Lawn), all with a positive light cast on the military. White will be signing copies of the book (after appearing on Think on KERA) at the Barnes & Noble Lincoln Park, 7700 W. Northwest Highway. 7 p.m.

THURSDAY 01.14
BOOK SIGNING
Greg Braden. The best selling author will hold a signing, reception and talk — Creating Resilience in a Time of Extremes. Unity Church of Dallas, 6525 Forest Lane. 6 p.m. $20–$45. 972-233-7109. UnityDallas.org.

this week’s solution

CALF AWLS THEO
ABEL GOUP EARP
NINA ARCH ALIT
TOMWILKINSON BIND NOD
ASPEN SCHAFER
SHE CUTIT LOGO
KATHERINE HEIGL
ERIE SPORE SAL
RITAMAE NOTRE
TAM TACO
ALEXIS BLEDDEL
AVID NAIL LUALU
MENU OGLE ERIK
PREP RELY SORE

Join the BIGGEST gay owned & operated GYM in North Texas! We are building a BETTER play space for you... coming soon!

JAR HEAD TO HEAD WRITER | Native Texan Greg Cope White will sign his memoir ‘The Pink Marine,’ about his journey from enlistment in Dallas to star of a Food Network show, at the Barnes & Noble on Northwest Highway Thursday.

Red Zone
TOUCH Party
Fri, Jan 29th @ 10:45pm
Featuring Falcon Model
Dorian Ferro
Come get touched by Dorian... literally!

Friday
Jan. 15th
10:45pm
Leave your inhabitations and your towel at the door

Pardon our dust special
$10 Lockers
$14.25 Rooms
Mon-Thur 8am-4pm
Every Tuesday
Half Price Rooms
4pm – Midnight
TGIFridays...
Happy Hour 4pm-8pm
Half Price Rooms | FREE Youth Lockers

A PRIVATE MEN’S CLUB / SAUNA
2616 Swiss Avenue • 214-821-1990 • www.theclubs.com

01.08.16 | dallasvoice 27
Cassie Nova

Shopping at Walmart is a real drag

Hello to all y’all, I don’t know about you, but I am so glad the holidays are over. It’s exhausting. Now, maybe I can get some much-needed rest. Just kidding — a drag queen’s work is never done. Even when shit slows down and everybody goes back to work or school, the show must go on. So like the Post Office, despite rain, sleet, snow or hail, you can always count on a drag queen to show up.

I often get asked what I don’t like about doing drag. I have many answers for that. I hate paddling but can’t do it without my big ol’ hips and ass. I hate getting out of drag, and washing off makeup is a pain. I hate wearing heels, they freaking hurt — all the time. And if you have been to one of my shows, you know my feet turn into lesbian feet by the end of the night because I put on some Birkenstocks for comfort.

I don’t mind tumbling as long as you can get a good tuck — sometimes you get a ball that just won’t stay put. I think it has something to do with the weather: If it’s hot out, it’s harder to wrangle the boys. Cold weather usually means they are already hiding, so problem solved! But some days they have a mind of their own and refuse to stay put, which can result in a meaty tuck (i.e., a large mound in your FUPA). I also hate the mess getting in drag creates. I wear a lot of makeup — makeup that stains everything. I wear wearing heels, they freaking hurt — all the time. And if you have been to one of my shows, you know my feet turn into lesbian feet by the end of the night because I put on some Birkenstocks for comfort.

I also hate the mess getting in drag creates. I wear a lot of makeup — makeup that stains everything. I wear a lot of black eye shadow, a color that rarely wear a lot of makeup — makeup that stains everything. I wear wearing heels, they freaking hurt — all the time. And if you have been to one of my shows, you know my feet turn into lesbian feet by the end of the night because I put on some Birkenstocks for comfort.

I also hate the mess getting in drag creates. I wear a lot of makeup — makeup that stains everything. I wear wearing heels, they freaking hurt — all the time. And if you have been to one of my shows, you know my feet turn into lesbian feet by the end of the night because I put on some Birkenstocks for comfort.

I have many answers for that. I hate paddling but can’t do it without my big ol’ hips and ass. I hate getting out of drag, and washing off makeup is a pain. I hate wearing heels, they freaking hurt — all the time. And if you have been to one of my shows, you know my feet turn into lesbian feet by the end of the night because I put on some Birkenstocks for comfort.

I also hate the mess getting in drag creates. I wear a lot of makeup — makeup that stains everything. I wear wearing heels, they freaking hurt — all the time. And if you have been to one of my shows, you know my feet turn into lesbian feet by the end of the night because I put on some Birkenstocks for comfort.

I also hate the mess getting in drag creates. I wear a lot of makeup — makeup that stains everything. I wear wearing heels, they freaking hurt — all the time. And if you have been to one of my shows, you know my feet turn into lesbian feet by the end of the night because I put on some Birkenstocks for comfort.

I also hate the mess getting in drag creates. I wear a lot of makeup — makeup that stains everything. I wear wearing heels, they freaking hurt — all the time. And if you have been to one of my shows, you know my feet turn into lesbian feet by the end of the night because I put on some Birkenstocks for comfort.
Making the SCENE the week of Jan. 8-14:

- Alexandre's: Ashleigh Smith on Friday. Mi Diva Loca on Saturday. Chris Chism on Wednesday. Alicia Silex on Thursday.
- Brick/Joe's: Newcomers Cast Auditions Part 2 hosted by Ida Mae Watergate at 11 p.m. on Friday.
- Changes: Cowtown Leathermen meeting 7 p.m. on Monday. Fort Worth Treehouse meeting at 7 p.m. on Tuesday.
- Club Reflection: Texas Gay Rodeo Association at 4 p.m. on Sunday. Imperial Court Mr. and Miss Snowflake Pageant at 6 p.m. on Sunday. TGRA game night at 7 p.m. on Wednesday.
- Dallas Eagle: DFW Leather Corps club night on Friday. National Leather Association club night on Saturday. Leather Knights anniversary celebration and Changing of the Guard Ceremony including beneficiary check presentations from 7-10 p.m. on Saturday.
- JR.'s Bar & Grill: Cassie’s Freak Show with Fantasha, Raquel, Vita and Bronx on Monday. Dream Girls with Chanel, Akida, Fantasha, Sassy and Raquel on Thursday.
- Pekers: Miss Gay Texas state pageant system presents A Night at the Movies at 8:30 p.m. on Sunday benefiting C.U.R.E., Gregg Dollgener Memorial AIDS Fund and the Miniature Schnauzer Rescue of North Texas.
- Rainbow Lounge: Miss Rainbow Lounge 2016 hosted by Layla LaRue interview at 3 p.m. on Saturday and pageant at 9 p.m. on Sunday.
- Round-Up Saloon: Miss Gay Lonestar USofA and USofA Newcomer at 8 p.m. on Sunday. Gulf States National Showgirl National Showman and Showgirl at Large at 8 p.m. on Thursday.
- Sue Ellen’s: Ashley Bradberry on Friday. Ciao Bella on Saturday. Kathy & Bella at 3 p.m. and Bad Habits at 6 p.m. on Sunday.
- The Rose Room: Kelexis, Cassie, Janna, Ashiel Iman, Krystal, Layla and Valerie on Saturday.

To view more Scene photos, go to DallasVoice.com/category/photos. Scene Photographers: Winston Lackey and Chad Mantooth.
At Woody's.

At JR.'s.

At The Round-Up Saloon.
Send us your pictures to Win Cash!

Send us your pictures to @Dallasvoice  http://tinyurl.com/pa8my4j  @Dallasvoice

Send us your pictures to

Send us your pictures to

Send us your pictures to

Send us your pictures to
Let’s Make a Deal!
Proudly Serving the LGBT Community

TheCondoGuy.com
SRealty.biz
AndrewCollins@kw.com
DallasGayAgent.com

GayOakCliffAgent.com
dfwluxuryagent.com
MarkManleyRealtor.com

Urban Dallas Realtor
ANDREW COLLINS
214.668.8287
Andrew@ClayStapp.COM

Let’s Make a Deal!

Gorgeous Vintage Home in beautiful original Elmwood
1118 Elmwood Blvd. $346,500
3 Bedrooms, 2 Baths, Pool, 1,757 sq.ft.

For more information visit SRealty.biz or call 214.522.5232

Brought to you by:
Debbie Sutton & Gary Bilpuch
For more information visit SRealty.biz or call 214.522.5232

Ready for a Florida beach...

Vacation
Navarre Beach (Pensacola Beach)

Sundunes Florida Beach Condo

Book your Florida beach vacation today!
This gay owned, beach front unit is available through Navarre Beach Agency with special rates. Visit our website navarrebeachagency.com
Call 850-939-2020 and tell them Leo sent you.

Parkford Oaks Apartments

Best kept secret in Oak Lawn

- Intrusion Alarms
- Washer/Dryer Included
- Entertainment Serving Bars
- Creek Views Available

Look & Lease Special!
$150 off first month’s rent!

One Bedroom Community
Rates starting as low as $880*

214-520-0282
parkfordoaks.com
North Dallas Galleria
New contemporary finish-out.
One Bedroom $915/Mo.
All Bills Paid. Available Now.
214-770-1214

U. E. Oak Lawn | SOHP
2 Bedroom residence in a predominately lesbian and gay, small quiet gated community. Recently renovated inside and out.
Mediterranean front with beautiful landscaping. 4 inch door casings, 7 inch baseboards, crown molding, ceiling fans and track lighting. Individual heat and AC. Gay owned & managed. Avail. NOW!
2 Bedroom $591.5/Mo. + elect. and inc.
The Villas on Holland
4210 Holland Ave., #107 at Douglas
214-770-1214

FOR LEASE!
Newly remolded condo with stainless steel appliances, hardwood flooring, granite countertops and security gate with covered parking.
Two Bed 1 Bath $1350/Mo.
214-282-7704
Carondelet Condos
4203 Avondale Ave
Dallas, Texas 75219

DallasVoice.com
OUTnxt.com
DigitalSeltzer.com

Prime Time Group, Inc
3/4/5 Bedroom Homes in a good neighborhood with LOW DOWN-PAYMENT.
972-272-6600

AIDS Arms, Inc.
is looking for a Compliance Officer. Candidate should have a Master’s degree.
Interested candidates should complete on online application at https://aidsarms.com/careersite

Dallas non-profit agency seeks full-time, motivated professional to provide outreach services to those at risk of HIV.
Nights, Evening, and Weekend work required. Salary 31-33K + benefits.
Send resume: hr@dallascouncil.org

75 / Henderson
Small Upscale, Upbeat Boutique Salon!
2 Charming, Private Window Suites Available!
Reasonable Rates
Call 214.821.5455

Club Dallas is now accepting applications for maintenance / floor person. 8am to 4pm, basic carpentry a must. Applicants must be willing and able to pass a drug screening test prior to employment. Starting wage is $10/hour. Please apply in person at:
Club Dallas
2516 Swiss Ave
No phone calls please.

DallasVoice.com
OUTnxt.com
DigitalSeltzer.com
Do You or Someone You Know SUFFER FROM ITCHY SKIN DUE TO ECZEMA (Atopic dermatitis)?

If so, you are not alone. Eczema is a condition that causes skin to become itchy, red, thickened, cracked or scaly. Eczema can appear on many areas of the body, usually on the hands, feet, arms, and legs.

Millions of people of all ages struggle with eczema and the social and emotional toll it causes. In severe cases, eczema can cause severe physical discomfort disrupting your work and home life.

Dermatology Treatment and Research Center is currently looking for men and women aged 18 and older who suffer from eczema (atopic dermatitis) to participate in a research study evaluating a study medication for relief of the itchiness associated with eczema.

If you qualify you will receive study medication and study-related medical care at no cost to you. You may also receive compensation for your time and travel to the Research Site.

For more information call:
972-661-2729 x228

State Farm

*Average annual per household savings based on a 2010 national survey of new policyholders who reported savings by switching to State Farm.

**POKER**

**Freeroll Poker Tournaments**

In the gayborhood
British Beverage Company
**Mondays**

Game Starts at 7:30

Nightly Prizes & Gift Cards

For More info go to: pocketrocketsdallas.com

---

**Pegasus Squares,**

an LGBT Square Dance Club, meets every Sunday from 2:30pm-4:30pm at the Dallas School of Burlesque, 2924 Main St. Dallas. Beginner lessons start in October. Contact **Rob Miller** at 682-238-3442 for more info. or visit pegasus-squares.com.

**Volunteer Needed!!**

Be part of an exciting team and make a difference in someone’s life. Volunteers will be trained to conduct HIV outreach in the GLBT community working along side trained Risk Reduction Specialists.

For more information contact **Sonny Blake** @ 214-522-8600 Ext. 236

---

**Brides Made**

Solution on page 27

---

**Across**

1 Piece of leg
5 They poke around in leather
9 Logical beginning
13 His brother laid him in his grave
14 Take back a blow job?
15 Tombstone lawman Wyatt
16 One of a Columbus threesome
17 Rainbow shape
18 Hit the ground
19 He played Jenny’s dad in *Jenny’s Wedding*
22 Take an active part in S and M
23 Doze off
24 Navratilova’s winter home
27 *Queer as Folk* writer J.ASON
31 Sea shell seller
32 Get the job done
34 Fork feature
37 Became aroused
40 Make noise in bed
41 Cap for James M. Barrie
42 Brown on a book cover
44 Our, to Vivien
46 Type of school
47 Word after fish?
49 She played Jenny’s partner in *Jenny’s Wedding*
54 Like fervant fans
55 Polished part for a fem
56 Hawaiian wedding party, perhaps
58 Hamburger Mary’s list
59 Lascivious look
60 The Phantom of the Opera’s name
61 Type of school
62 Trust, with “on”
63 In need of BenGay

---

**Down**

1 When repeated, a 1953 Cole Porter musical
2 Small amount in a stallion’s mouth?
3 “Jaywalking” comedian
4 Like a Traci Des Jardins dish on fire
5 Enthusiastic lover’s cry
6 Florida’s Disney
7 Someone else’s skill, to a sore loser
8 Rectal Allen Ginsberg poem
9 *Love Songs* poet Sara
10 Mary topfer
11 Sinead O’Connor’s country
12 Get off the fence
20 Recoil from pain
21 Type of drama in the land of Samurai
24 Curious one
25 She had her hand up Lamb Chop
26 Tear, in Toulouse
27 Chinese prefix
28 Base in Brooklyn?
29 Samantha not of *Bewitched*
30 Bea Arthur’s TV maid Esther
33 Bear of the night
34 Fork feature
36 She played Jenny in *Jenny’s Wedding*
39 Buffalo’s lake
40 Make noise in bed
41 Mineo of movies
42 Brown on a book cover
44 Our, to Vivien
46 Cap for James M. Barrie
47 Word after fish?
49 She played Jenny’s partner in *Jenny’s Wedding*
54 Like fervant fans
55 Polished part for a fem
56 Hawaiian wedding party, perhaps
58 Hamburger Mary’s list
59 Lascivious look
60 The Phantom of the Opera’s name
61 Type of school
62 Trust, with “on”
63 In need of BenGay

---

**ANNOUNCEMENTS**

**Save The Date!**

**The Wedding Party**

An HIV/STI Prevention Event

**March 20, 2016**

1:00 PM–5:00 PM

**Renaissance Dallas Hotel**

**2222 N. Stemmons Fwy**

Dallas, TX 75229

Presented by:

Dallas Voice

www.dallasvoice.com

* 18+ and free to listen and reply to ads

**FIND REAL GAY MEN NEAR YOU**

* 18+ and free to listen and reply to ads

**1-888 MegaMates**

FIND REAL GAY MEN NEAR YOU

Dallas: (214) 615-0100

Ft. Worth: (817) 282-2500

www.megamates.com

---

**ANNOUNCEMENTS**

Co-Dependants Anonymous (CoDA) is a Twelve Step Fellowship of men and women whose common purpose is recovery from codependence and the development and maintenance of healthy relationships. CoDA meetings in the area meet:

- St. Thomas Episcopal Church
  6525 Inwood Road (Inwood at Mockingbird)
  Dallas, Texas 75209
- LAMBDA GROUP
  6:30 PM, Friday; 1 hour
  OAK LAWN CoDA GROUP
  7:30 PM, Wed; 1 1/2 hours
  Meeting Type: Open, Sharing, Steps, Welcoming to all, Safe for GLBT

---

Volunteer Needed!!

Be part of an exciting team and make a difference in someone’s life. Volunteers will be trained to conduct HIV outreach in the GLBT community working along side trained Risk Reduction Specialists.

For more information contact **Sonny Blake**

@ 214-522-8600 Ext. 236
for your local favorite heroes at dallasvoice.com/rva
You can win $500 cash, dinner for two and a pair of tickets to Blue Man Group at Bass Hall

Dine | Health | Metro | Nightlife | Pets | Services | Shop | Show | Travel